

NORTH CENTRAL TEXAS COLLEGE

COURSE SYLLABUS

<i>Course Title:</i>	Lifespan Growth & Development				
<i>Course Prefix & Number:</i>	PSYC2314	<i>Section Number:</i>	341	<i>Semester/Year:</i>	Fall 2019
<i>Semester Credit Hours:</i>	3	<i>Lecture Hours:</i>	3	<i>Lab Hours:</i>	0
<i>Course Description (NCTC Catalog):</i>					
<p>Life-Span Growth and Development is a study of social, emotional, cognitive and physical factors and influences of a developing human from conception to death.</p> <p><i>Additional Comments from Saenz:</i> During this course, students are encouraged to ask themselves: How can I apply this knowledge to my life? Regardless of career path, how can an introductory understanding of developmental psychology impact both my professional and personal life? Everyone is born. Everyone is at some point a baby, a child, an adolescent. So the subject matter is something we can all resonate with. While learning the different theories, stages, concepts, etc. you can look back at your own life and see how they played, are playing, and will play out, and through doing so gain a better understanding of not only the subject matter but also of yourself. When I think of Lifespan Development, I think of the common flow of life that weaves throughout each life pushing and pulling us all, as we uniquely navigate and move it, from birth to death.</p> <p><i>“Underlying all individual drama, there is an existential foundation that alone enables us to understand in its unity that particular form of being we call a human life.” – Simone de Beauvoir</i></p> <p>Note: Please show up to class online ready to learn. Take a break from everything else going on in your life. Put it all aside for the three hours of lecture time we have per week, and enjoy your time learning, free of outside stress. Doing so will certainly lead to success in this course.</p> <p>MINIMUM TECHNOLOGY REQUIREMENT: To successfully complete this course, you should be able, at a minimum, to email attachments, use word processing programs and simultaneously work on multiple browser windows. You should have a compatible browser and be able to access Canvas.</p>					
<i>Course Prerequisite(s):</i>					
<i>Required Course Materials:</i>					
<p>Santrock. <i>A Topical Approach to Life-Span Development</i>. 8th Edition. McGraw Hill. ISBN:9781260532012</p> <p><i>Materials that Course Content is drawn from:</i> Erikson’s <i>Insight and Responsibility, Identity: Youth and Crisis, Vital Involvement in Old Age</i>, and <i>The Life Cycle Completed</i>; Anna Freud’s <i>Psychoanalysis for Parents and Teachers</i>; Levinson’s <i>The Seasons of a Man’s Life</i>; Karen’s <i>Becoming Attached</i>; Alapack’s <i>Love’s Pivotal Relationships</i>; Beauvoir’s <i>The Coming of Age</i>; and Frankl’s <i>Man’s Search for Meaning</i>. These works shape the course, however, they are <u>not</u> student reading materials.</p>					

INSTRUCTOR INFORMATION

Name of Instructor:	Ingeborg Saenz, MPSY
Campus/Office Location:	Gainesville, Office 815
Telephone Number:	(940) 668-7731, Ext. 4343
E-mail Address:	isaenz@nctc.edu

OFFICE HOURS

	Monday	Tuesday	Wednesday	Thursday	
8:30-9:00am		Phone		Phone	
9:00-9:30am		Gainesville		Gainesville	
9:30-10:00am		Class		Class	
10:00-10:30am		Class		Class	
10:30-10:50am					
11:00-11:30am		Class		Class	
11:30-12:00pm					
12:00-12:20pm					
12:20-12:30		Class		Gainesville	Gainesville
12:30-1:00pm				Class	
1:00-1:20pm	Corinth		Class		
1:20-1:50pm					
1:50-2:20pm			Corinth		
2:20pm until 6:00pm			Corinth + Online		
6:00-6:30pm			Denton		
6:30-7:00pm			Class		
7:00-9:50pm			Class		
9:50-10:20pm			Denton		

- o *Additional times available upon request. Contact via email or text, anytime. It doesn't matter how late it is. If I am available, I will respond. Also feel free to come up to me before or after class. Please do not hesitate to ask for help or chat with me! I am here for y'all!*

STUDENT LEARNING OUTCOMES (From Academic Course Guide Manual/Workforce Education Course Manual/NCTC Catalog

At the successful completion of this course the student will be able to:	
	Describe the stages of the developing person at different periods of the life span from birth to death.
	Discuss the social, political, economic, and cultural forces that affect the development process of the individual.
	Identify factors of responsible personal behavior with regard to issues such as sexual activity, substance abuse, marriage and parenting.
	Explain the biosocial, cognitive and psychological influences throughout the lifespan as an ongoing set of processes, involving both continuity and change.

	Describe the different developmental perspectives of the major theories of development (i.e. cognitive, learning, humanistic and psychodynamic).
	Identify examples of some of the cultural and ethnic differences that influence development throughout the lifespan.
	Discuss the various causes or reasons for disturbances in the developmental process.

COURSE OUTLINE

○ GRADING CRITERIA:

<i># of Graded Course Elements</i>	<i>Graded Course Elements</i>	<i>Percentage or Point Values</i>
3 (x 30 points)	Make Your Own Study Guides and Mini Exams	(=90 points) 9%
Approx. 10 (x 14 points)	Quizzes	(=140 points) 14%
Approx. 10 (x 9 points)	Notes	(=90 points) 9%
2 (x 75 points)	Papers	(=150 points) 15%
Approx. 10 (x 12 points)	Journals	(=120 points) 12%
10 (X 14 points)	Class Participation- Discussions	(=140 points) 14%
3 (x 90 points)	Exams	(=270 points) 27%
1000 points	Semester Total	100%

○ GRADING SCALE:

90- 100%/ 900-1000 Points:	A	70-79%/ 700-799 Points:	C	Below 59%/ 0-599 Points:	F
80-89%/800-899 Points:	B	60-69%/600-699 Points:	D		

- **INSTRUCTOR RESPONSE:** My goal is to respond to all emails and correspondence within 48 business hours, except for weekends and holidays. All assignments will be graded within three weeks of due date.

○ ASSIGNMENT DETAILS:

- Make Your Own Study Guides and Mini Exams: Step 1-** Prior to each exam and prior to receiving a study guide authored by the instructor, each student will put together a study guide of their own. In doing so, each student will review, gather, and organize all the information in the chapter grouping that they find worthy of being on the upcoming exam. **Step 2-** Each student will compose his or her own mini exam and answer key! The mini exam must be 20 questions long. Can you put together the best exam? See if one of your questions ends up on the actual exam and earn extra credit!
- Notes:** At the end of each week, you will submit your class notes from the week. These are notes taken while reviewing online course content, ex. watching lecture videos or reading lecture content. You will have the option to submit either 1) photos or scans of your handwritten notes or 2) computer documents including your typed notes.
- Quizzes:** Many weeks there will be a quiz. When quiz format allows for it, you will have the ability to attempt each quiz twice, and your quiz score for the week will be the higher of the two attempts. With having two chances on many quizzes, I hope y'all come to think of getting something

wrong/making a mistake as an opportunity to try again, an opportunity for growth :). *I want you all to always have the opportunity to ace this course and master the content, even if it takes you a couple tries to do so. If you are willing to put in the work and you continue to try, even in the face of struggle, I will be right there alongside you, helping and cheering you on. You can do it.*

- D. **Papers:** There will be two papers during the semester. Instructions and guidelines for each will be administered to the students in writing at the time of assignment.
- E. **Journal:** Students will be required to keep a journal throughout this course. One entry must be completed per week (with exception of paper deadlines and exam weeks). The journals will note, analyze, and discuss content/ideas, from in class discussion and lecture and/or outside class reading and studying, that struck a cord with you. Focus is to be put on incorporating course content with existing knowledge, interests and personal experience, and making what you learn in this course your own. These journals should tell the story of your journey through this course.
- F. **PARTI TIME! Class Participation:** Most weeks, each student will be required to earn two (2) Parti Slips per week, meaning each student is required to participate in class in a substantial way two (2) times per week. Prompts and opportunities will be provided each week in a variety of ways, including discussion boards, creative projects, and live lecture discussions. Different level Parti Slips will be earned according to quality of the insights shared. Bronze level slips will be awarded to those who put forth strong effort, and include some good content, but miss the mark in some substantial way- earning a 75% for your grade. Silver level slips will be awarded to those who share insights of value but fail to impress/push and drive the class to think critically. Those that do impress and push the class to think critically will earn Gold level slips. Lastly, those that exceed my expectations, and push *me* to think in new ways and learn new content/ways of thinking, will be awarded the very rare Rainbow Sparkle Parti Slip, earning a 100%+.

Parti Slip	Grade
Rainbow Sparkle	100%+
Gold	95%
Silver	85%
Bronze	75%
No Slip	0-65%

- a. Participation Competition: While only typically required to obtain 2 Parti Slips per week, ***the student(s) earning the most slips by the end of the semester will receive 5 bonus percentage points added to their overall grade in the class!*** When it comes to the competition, Bronze Parti Slips will count as 1/3 of a slip, Silver will count as 1/2 of a slip, and Gold and Sparkle Parti Slips will count as full slips.
 - i. This means attempts must include answers/insights of value in order to receive credit towards the competition. However, incorrect or insubstantial comments will not be penalized in any way. Attempting to participate beyond the basic requirement is encouraged regardless of the quality. Trying and struggling is better than not trying at all.
- G. **Exams:** There will be three exams throughout the semester. The final exam will be noncumulative.
 - a. There will be an optional CUMULATIVE final exam that can be completed to replace one (1) lower exam grade.

ATTENDANCE POLICY

Regular and punctual attendance is expected of all students in all classes for which they have registered. All absences are considered to be unauthorized unless the student is absent due to illness or emergencies as determined by the instructor. It is the student responsibility to provide documentation as to the emergency for approval and judgment by the faculty member.

Approved college sponsored activities are the only absences for which a student should not be held liable and only when provided by a college official ahead of the absence. Valid reasons for absence, however, do not relieve the student of the responsibility for making up required work. Students will not be allowed to make up an examination missed due to absence unless they have reasons acceptable to the instructor. A student who is compelled to be absent when a test is given should petition the instructor, in advance if possible, for permission to postpone the exam. Student will be dropped from a class by the Registrar upon recommendation of the instructor who feels the student has been justifiably absent or tardy a sufficient number of times to preclude meeting the course's objectives. Persistent, unjustified absences from classes or laboratories will be considered sufficient cause for College officials to drop a student from the rolls of the College. From Board Policy FC (LOCAL)

- Additional comments from Saenz re attendance and classroom etiquette:
 - A. Online Classroom Attendance:** Attendance will be monitored. I will look to see if you are logging into and spending time in the course on Canvas. Anything discussed in online content may be included on a quiz or exam, even if that information is *not* found in the textbook. As class *participation* is vital for optimal learning and retention, **you will receive credit for demonstrating an active presence in class—see Participation portion of grading criteria.**
 - B. Classroom Etiquette:**
 - a. Classroom Etiquette Policy Details:**
 - I hope for our class to be a place where each of you have a sense of belonging and feel comfortable and excited to learn. *It is incredibly important that all members of the class treat each other with respect and kindness.* Standards of courtesy and respect must be maintained at all times in the Canvas "classroom." Please join in any and all discussions, but remember that this is still a "classroom" setting and that respect and consideration are crucial for any intellectual discussion.
 - Discussion areas are for intelligent and respectful airing of ideas. Name-calling and personal attacks are not permitted. Bullying will not be tolerated at all.
 - *Any violation of this policy and the standards for appropriate online behavior will be addressed immediately and may result in a grade penalty. Repeated violation may result in dismissal from the course.* Any violations will be reported to the Dean of Students and the college will take appropriate disciplinary action. (Please see below for more information regarding Academic Dishonesty.)
 - b. Technology:**
 - It is your responsibility to ensure that you not only know how to log into Canvas and submit an assignment, but also that you understand which file you are uploading and ensure you have uploaded the correct file. Some students have been willing to submit purposefully blank files to Canvas in order to claim a computer error; meanwhile they simply have been continuing work on the assignment. This will not be allowed. It is your

responsibility to ensure the correct file is submitted on time.

- Also, it is your responsibility to ensure the correct file type is uploaded.
- If I catch an incorrect file (because you turned in the paper a couple days early) – I will let you fix it. If you submit an incorrect file and I do not catch it until after the deadline, your grade will be docked according to the late work policy presented in this syllabus. We have tech support and library staff that will walk you through the submission process, or you can even set up an appointment with me and I can walk you through it. If you absolutely cannot get Canvas to work – you must email me your completed file prior to the due date, and your email time stamp must show that it was submitted on time.

- C. Make-up Exams/Quizzes/Assignments-** 1) **Exams and Quizzes:** These assignments must be taken by the deadline assigned. If you must miss a deadline, you must provide me with official documentation of an excused absence before you will be allowed to make up the missed assignment. Aside from extreme circumstances/crises, make-up exams and quizzes will need to be completed within one week of the originally scheduled deadline. ***Please communicate with me regarding these kinds of situations, and we will work things out.*** 2) **Late Policy for all other assignments (ex. written assignments):** For each day an assignment/project is late, 10 percentage points are deducted. Meaning if you turn in the assignment the day after it is due, the highest grade you can possibly earn is a 90%.

Last day to drop the course and receive a full refund is Aug 25.

Last day to withdraw from a course with a “W” is Nov 1.

DISABILITY SERVICES (Office for Students with Disabilities)

The Office for Students with Disabilities (OSD) provides support services for students with disabilities, students enrolled in technical areas of study, and students who are classified as special populations (i.e. single parents).

Support services for students with disabilities might include appropriate and reasonable accommodations, or they may be in the form of personal counseling, academic counseling, career counseling, etc. Furthermore, OSD Counselors work with students to encourage self-advocacy and promote empowerment. The Counselors also provides resource information, disability-related information, and adaptive technology for students who qualify.

For support, please contact the counselors at (940) 498-6207 or (940) 668-4321. Alternatively, students may stop by Room 170 in Corinth or Room 110 in Gainesville.

CORE CURRICULUM FOUNDATIONAL COMPONENT AREA (For classes in the Core)

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|---|--|
| <input type="checkbox"/> Communication | <input type="checkbox"/> Government/Political Science |
| <input type="checkbox"/> Mathematics | <input checked="" type="checkbox"/> Social and Behavioral Sciences |
| <input type="checkbox"/> Life and Physical Science | <input type="checkbox"/> Component Area Option |
| <input type="checkbox"/> Language, Philosophy & Culture | <input type="checkbox"/> American History |
| <input type="checkbox"/> Creative Arts | |

REQUIRED CORE OBJECTIVES (For classes in the Core)

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|--|---|
| <input checked="" type="checkbox"/> Critical Thinking | <input type="checkbox"/> Teamwork |
| <input checked="" type="checkbox"/> Communication | <input checked="" type="checkbox"/> Personal Responsibility |
| <input checked="" type="checkbox"/> Empirical and Quantitative | <input checked="" type="checkbox"/> Social Responsibility |

COURSE TYPE

- Academic General Education Course (from ACGM but not in NCTC Core)
- X Academic NCTC Core Curriculum Course
- WECM Course

STUDENT HANDBOOK

Students are expected to follow all rules and regulations found in the student handbook and published online.

ACADEMIC DISHONESTY

Scholastic dishonesty shall include, but is not limited to cheating, plagiarism, academic falsification, intellectual property dishonesty, academic dishonesty facilitation and collusion. Faculty members may document and bring charges against a student who is engaged in or is suspected to be engaged in academic dishonesty. See Student Handbook, "Student Rights & Responsibilities: Student Conduct ([FLB(LOCAL)])".

QUESTIONS, CONCERNS, or COMPLAINTS

Name of Chair/Coordinator:	Crystal R.M. Wright
Office Location:	Gainesville Campus, Room 24
Telephone Number:	940-668-7731, ext. 4320
E-mail Address:	cwright@nctc.edu

Name of Instructional Dean:	Dr. Bruce King
Office Location:	1500 North Corinth St, Corinth, TX 76208-5408
Telephone Number:	940-498-6464
E-mail Address:	bking@nctc.edu

Additional Comments from Saenz: **Please come to me first with any questions, concerns, or complaints. I am here for you, and want this course to be the best experience possible for each of you! Cheers to the start of an exciting semester! :) Let's have some fun and grow as people!**

Tentative Course Calendar

Remember that you are responsible for the material on the date it is listed.

WEEK	DATES	TOPICS	APPROXIMATE DUE DATES/IMPORTANT DATES
1	Aug 27	The Birth of Our Class ;) Syllabus, Course Mechanics, Get to Know One Another Activity	
	Aug 29	Introduction- Taking Up The Lifespan Perspective	
2	Sept 3	Introduction- Taking Up The Lifespan Perspective	
	Sept 5	Socioemotional Processes A Psychoanalytic Perspective, Freud's Understanding of the Psyche	
3	Sept 10	Freud Continued	Journal 1 Due
	Sept 12	Freud's Psychosexual Stages of Development	
4	Sept 17	Freud's Psychosexual Stages of Development	Journal 2 Due
	Sept 19	Introduction to Erik Erikson	
5	Sept 24	Erikson's Psychosocial Stages of Development (The backbone of this course.)	Journal 3 Due
	Sept 26	Erikson's Psychosocial Stages of Development	
6	Oct 1	Biological Processes- Genetics, The Nervous System, and Prenatal Development	Journal 4 Due Paper 1 Topic Due
	Oct 3	Biological Processes Continued	
7	Oct 8	Having a Baby (not on Exam 1)	Study Guide for Exam 1 Due at Midnight

	Oct 10	Having a Baby (not on Exam 1)	
8	Oct 15		EXAM 1
	Oct 17	Socioemotional Processes- Attachment Psychology- History of Parenting	
9	Oct 22	Attachment Psychology- Children	Paper 1 Due
	Oct 24	Attachment Psychology- Adults	
10	Oct 29	Socioemotional Processes and Social Contexts- Emotions, Temperament, and Parenting	Journal 5 Due
	Oct 31	Emotions, Temperament, and Parenting	
11		Nov 1 Last Day to Withdrawal	
	Nov 5	Cognitive Processes/Development (Not on Exam 2)	Journal 6 Due Study Guide for Exam 2 Due at Midnight
	Nov 7	Cognitive Processes/Development (Not on Exam 2)	
12	Nov 12		EXAM 2
	Nov 14	Adolescence in Detail Adolescence vs. Young Adulthood vs. Adulthood Analysis	
13	Nov 19	Types of Love, Divorce, Transitions	Journal 7 Due
	Nov 21	Death and Dying	
14	Nov 26	Death and Dying	Journal 8 Due
	Nov 27-30 No Class Nov 28		
15	Dec 3	Death and Dying	Paper 2 Due at Midnight
	Dec 5	Moral Development	Study Guide 3 Due

16	Dec 9-14	Final Exam (noncumulative)	Final Journal – Journal 9 Due
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*** Syllabus and Course Calendar subject to change. All changes will be announced to students.
See **CANVAS** for live **Tentative Course Calendar**.*