**EDUC 1300 Fall 2023 (8 week) Course Calendar (Tentative)**

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| **Week** | **Topic/Module** | **Read** | **Watch/Take Notes** | **Do** |
| 1  10/23-10/30 | Welcome Module  Welcome and Course Introduction | Course Syllabus (10 minutes) | * Intro: Navigating the Course (5 minutes) * Lesson 1: What is Learning Framework (3 minutes) * Lesson 2: Learning Theories (4 minutes) * Lesson 3: Learning Dimensions (6 minutes) * Lesson 4: Putting it All Together (2 minutes) | * Successful Student Discussion (30 minutes) * Applying Dimensions Reflection (30 minutes) |
| 1  10/23-10/30 | Module 1  Building a Foundation for College and Career Success | Chapter 1 and Chapter 3.6 | * Lesson 1: Recipe for Success Overview (3 minutes) * Lesson 2: Know Who You Are and What is Expected (5 minutes) * Lesson 3: Change your Attitude (10 minutes) * Lesson 4: Change your Behavior (15 minutes) * Lesson 5: Set a Goal and Monitor Progress (7 minutes) | * Goal Setting Activity (15 minutes) * Building Foundation Quiz (30 minutes) * Building Foundation Reflection (30 minutes) |
| **Week** | **Topic** | **Read** | **Watch/Take Notes** | **Do** |
| 2  10/30-11/6 | Module 2  Academic and Career Planning | Chapter 4 and 12 | * Lesson 1: Academic Planning Overview (3 minutes) * Lesson 2: Know your Values, Interests and Skills (20-30 minutes) * Lesson 3: Make Career Connections (15 minutes) * Lesson 4: Write your Academic Plan (10 minutes) | * College and Career Exploration Assignment (30 minutes) |
| 2  10/30-11/6 | Module 3  Motivation and Persistence | Chapter 2.2 and 2.3 Chapter 12.3 | * Lesson 1: Motivation Overview (2 minutes) * Lesson 2: How Do Our Needs Affect Motivation (5 minutes) * Lesson 3: How Do Our Goals Affect Motivation? (10 minutes) * Lesson 4: How Do Our Beliefs Affect Our Motivation? (5 minutes * Lesson 5: How Do Our Attitudes Affect our Motivation? (20 minutes) * Lesson 6: How Do Our Decisions Affect our Motivation? (8 minutes) | * Change Your Mindset Activity (15 minutes) * Motivation and Persistence Quiz (30 minutes) * Motivation and Persistence Reflection (30 minutes) |
| **Week** | **Topic** | **Read** | **Watch/Take Notes** | **Do** |
| 3  11/6-11/13 | Module 4:  Pause Point: Case Study and Career Paper Part 1and 2 | Case Study 1 Document | * Video Directions for Case Study * Video Directions for Career Paper Part 1 and 2 | * Case Study 1 (45 minutes) * Write Career Paper Part 1 and 2 (1 hour) * Schedule Interview/Find Sources |
| 3  11/6-11/13 | Module 5  Organization and Time Management | Chapter 3 | * Lesson 1: Getting Organized (20 minutes) * Lesson 2: Planning Tools (30 minutes) * Lesson 3: Staying Focused (20 minutes) * Lesson 4: Avoid Procrastination (30 minutes) | * Planning and Procrastination Quiz (30 minutes) * Planning and Procrastination Reflection (30 minutes) |
| 4  11/13-11/20 | Module 6  Learning and Thinking | Chapter 7 | * Lesson 1: Learning and Thinking Overview (4 minutes) * Lesson 2: Types of Thinking and Bloom’s Taxonomy (10 minutes) * Lesson 3: Critical Thinking (10 minutes) * Lesson 4: Fluid versus Static Thinking (15 minutes) * Lesson 5: Dual Process Theory (15 minutes) * Lesson 6: Metacognition (10 minutes) | * Critical Thinking Quiz (30 minutes) * Critical Thinking Reflection (30 minutes) |
| **Week** | **Topic** | **Read** | **Watch/Take Notes** | **Do** |
| 4  11/13-11/20 | Module 7  Information Literacy | Chapter 7  Conducting Research Appendix | * Lesson 1: What is Information Literacy? (5 minutes) * Lesson 2: The Research Process using NCTC Libraries (25 minutes) * Lesson 3: Popular vs. Scholarly Articles (10 minutes) * Lesson 4: How to Determine if a Source is Accurate and Credible (5 minutes) * Lesson 5: Avoiding Plagiarism (5 minutes)   Career Paper Part 3 and 4 | * APA Style Citation Activity (30 minutes) * Case Study 2 (45 minutes) * Write Career Paper Part 3-4 (1 hour) |
| 5  11/20-11/27 | Module 8  Career Paper | Career Paper Directions | * Career Paper Video Directions (if needed) | * Career Paper |
| **Week** | **Topic** | **Read** | **Watch/Take Notes** | **Do** |
| 5  11/20-11/27 | Module 9  Memory and Study Strategies | Chapter 6 | * Lesson 1: The Learning Process and Memory (10 minutes) * Lesson 2: Neurons and Memory Formation (15 minutes) * Lesson 3: Cognitive Load and Dual Coding (15 minutes) * Lesson 4: Using Neuroscience to Help You Study (15 minutes) * Lesson 5: Studying Pitfalls and Solutions (15 minutes) * Lesson 6: How to Avoid Test Anxiety (15 minutes) | * Memory and Study Strategies Quiz (30 minutes) * Memory and Study Strategies Reflection (30 minutes) |
| 6  11/27-12/4 | Module 10  Reading and Notetaking | Chapter 5 | * Lesson 1: Active Reading Overview (20 minutes) * Lesson 2: SQ3R (5 minutes) * Lesson 3: Active Listening and Note-taking (20 minutes) * Lesson 4: Putting it All Together (15 minutes) | * SQ3R Activity (20 minutes) * Reading and Note-taking Quiz (30 minutes) * Reading and Notetaking Reflection (30 minutes) |
| 6  11/27-12/4 | Module 11  Pause Point: Case Study | Case Study Document | * Case Study Directions Video | * Case Study 3 (45 minutes) |
| **Week** | **Topic** | **Read** | **Watch/Take Notes** | **Do** |
| 7  12/4-12/11 | Module 12  Connecting and Communicating with Others | Chapter 8 | * Lesson 1: Communication and Identity (30 minutes) * Lesson 2: Communication Process (10 minutes) * Lesson 3: Types of Communication (25 minutes) * Lesson 4: Emotional Intelligence (20 minutes) * Lesson 5: Listening for Communication (20 minutes) * Lesson 6: Conflict in Communication (20 minutes) | * Connecting and Communicating Quiz (30 minutes) * Connecting and Communication Reflection (30 minutes) |
| 7  12/4-12/11 | Module 13  Living Well | Chapter 11 | * Lesson 1: Living Well Overview (3 minutes) * Lesson 2: Physical Health (40 minutes) * Lesson 3: Managing Stress and Burnout (25 minutes) * Lesson 4: Depression and Anxiety (10 minutes) * Lesson 5: The Most Important Aspect of Living Well (20 minutes) | * Living Well Quiz (30 minutes) * Living Well Reflection (30 minutes) |
| 8  12/11-12/13 | Module 14  Celebrating Success | Successful Student Reflection Directions | * Successful Student Reflection Video Directions | * Successful Student Reflection (Final) (1-2 hours) |