**EDUC 1300 Fall 2023 (8 week) Course Calendar (Tentative)**

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| **Week** | **Topic/Module** | **Read** | **Watch/Take Notes** | **Do** |
| 110/23-10/30 | Welcome ModuleWelcome and Course Introduction | Course Syllabus (10 minutes) | * Intro: Navigating the Course (5 minutes)
* Lesson 1: What is Learning Framework (3 minutes)
* Lesson 2: Learning Theories (4 minutes)
* Lesson 3: Learning Dimensions (6 minutes)
* Lesson 4: Putting it All Together (2 minutes)
 | * Successful Student Discussion (30 minutes)
* Applying Dimensions Reflection (30 minutes)
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| 110/23-10/30 | Module 1Building a Foundation for College and Career Success | Chapter 1 and Chapter 3.6 | * Lesson 1: Recipe for Success Overview (3 minutes)
* Lesson 2: Know Who You Are and What is Expected (5 minutes)
* Lesson 3: Change your Attitude (10 minutes)
* Lesson 4: Change your Behavior (15 minutes)
* Lesson 5: Set a Goal and Monitor Progress (7 minutes)
 | * Goal Setting Activity (15 minutes)
* Building Foundation Quiz (30 minutes)
* Building Foundation Reflection (30 minutes)
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| **Week** | **Topic** | **Read** | **Watch/Take Notes** | **Do** |
| 210/30-11/6 | Module 2Academic and Career Planning | Chapter 4 and 12 | * Lesson 1: Academic Planning Overview (3 minutes)
* Lesson 2: Know your Values, Interests and Skills (20-30 minutes)
* Lesson 3: Make Career Connections (15 minutes)
* Lesson 4: Write your Academic Plan (10 minutes)
 | * College and Career Exploration Assignment (30 minutes)
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|  210/30-11/6 | Module 3Motivation and Persistence | Chapter 2.2 and 2.3 Chapter 12.3 | * Lesson 1: Motivation Overview (2 minutes)
* Lesson 2: How Do Our Needs Affect Motivation (5 minutes)
* Lesson 3: How Do Our Goals Affect Motivation? (10 minutes)
* Lesson 4: How Do Our Beliefs Affect Our Motivation? (5 minutes
* Lesson 5: How Do Our Attitudes Affect our Motivation? (20 minutes)
* Lesson 6: How Do Our Decisions Affect our Motivation? (8 minutes)
 | * Change Your Mindset Activity (15 minutes)
* Motivation and Persistence Quiz (30 minutes)
* Motivation and Persistence Reflection (30 minutes)
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| **Week** | **Topic** | **Read** | **Watch/Take Notes** | **Do** |
| 311/6-11/13 | Module 4: Pause Point: Case Study and Career Paper Part 1and 2 | Case Study 1 Document | * Video Directions for Case Study
* Video Directions for Career Paper Part 1 and 2
 | * Case Study 1 (45 minutes)
* Write Career Paper Part 1 and 2 (1 hour)
* Schedule Interview/Find Sources
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| 311/6-11/13 | Module 5 Organization and Time Management | Chapter 3 | * Lesson 1: Getting Organized (20 minutes)
* Lesson 2: Planning Tools (30 minutes)
* Lesson 3: Staying Focused (20 minutes)
* Lesson 4: Avoid Procrastination (30 minutes)
 | * Planning and Procrastination Quiz (30 minutes)
* Planning and Procrastination Reflection (30 minutes)
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| 411/13-11/20 | Module 6Learning and Thinking | Chapter 7 | * Lesson 1: Learning and Thinking Overview (4 minutes)
* Lesson 2: Types of Thinking and Bloom’s Taxonomy (10 minutes)
* Lesson 3: Critical Thinking (10 minutes)
* Lesson 4: Fluid versus Static Thinking (15 minutes)
* Lesson 5: Dual Process Theory (15 minutes)
* Lesson 6: Metacognition (10 minutes)
 | * Critical Thinking Quiz (30 minutes)
* Critical Thinking Reflection (30 minutes)
 |
| **Week** | **Topic** | **Read** | **Watch/Take Notes** | **Do** |
| 411/13-11/20 | Module 7 Information Literacy | Chapter 7Conducting Research Appendix | * Lesson 1: What is Information Literacy? (5 minutes)
* Lesson 2: The Research Process using NCTC Libraries (25 minutes)
* Lesson 3: Popular vs. Scholarly Articles (10 minutes)
* Lesson 4: How to Determine if a Source is Accurate and Credible (5 minutes)
* Lesson 5: Avoiding Plagiarism (5 minutes)

Career Paper Part 3 and 4 | * APA Style Citation Activity (30 minutes)
* Case Study 2 (45 minutes)
* Write Career Paper Part 3-4 (1 hour)
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| 511/20-11/27 | Module 8Career Paper  | Career Paper Directions | * Career Paper Video Directions (if needed)
 | * Career Paper
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| **Week** | **Topic** | **Read** | **Watch/Take Notes** | **Do** |
| 511/20-11/27 | Module 9Memory and Study Strategies | Chapter 6 | * Lesson 1: The Learning Process and Memory (10 minutes)
* Lesson 2: Neurons and Memory Formation (15 minutes)
* Lesson 3: Cognitive Load and Dual Coding (15 minutes)
* Lesson 4: Using Neuroscience to Help You Study (15 minutes)
* Lesson 5: Studying Pitfalls and Solutions (15 minutes)
* Lesson 6: How to Avoid Test Anxiety (15 minutes)
 | * Memory and Study Strategies Quiz (30 minutes)
* Memory and Study Strategies Reflection (30 minutes)
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| 611/27-12/4 | Module 10Reading and Notetaking | Chapter 5 | * Lesson 1: Active Reading Overview (20 minutes)
* Lesson 2: SQ3R (5 minutes)
* Lesson 3: Active Listening and Note-taking (20 minutes)
* Lesson 4: Putting it All Together (15 minutes)
 | * SQ3R Activity (20 minutes)
* Reading and Note-taking Quiz (30 minutes)
* Reading and Notetaking Reflection (30 minutes)
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| 611/27-12/4 | Module 11Pause Point: Case Study  | Case Study Document | * Case Study Directions Video
 | * Case Study 3 (45 minutes)
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| **Week** | **Topic** | **Read** | **Watch/Take Notes** | **Do** |
| 712/4-12/11 | Module 12Connecting and Communicating with Others | Chapter 8 | * Lesson 1: Communication and Identity (30 minutes)
* Lesson 2: Communication Process (10 minutes)
* Lesson 3: Types of Communication (25 minutes)
* Lesson 4: Emotional Intelligence (20 minutes)
* Lesson 5: Listening for Communication (20 minutes)
* Lesson 6: Conflict in Communication (20 minutes)
 | * Connecting and Communicating Quiz (30 minutes)
* Connecting and Communication Reflection (30 minutes)
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| 712/4-12/11 | Module 13Living Well | Chapter 11 | * Lesson 1: Living Well Overview (3 minutes)
* Lesson 2: Physical Health (40 minutes)
* Lesson 3: Managing Stress and Burnout (25 minutes)
* Lesson 4: Depression and Anxiety (10 minutes)
* Lesson 5: The Most Important Aspect of Living Well (20 minutes)
 | * Living Well Quiz (30 minutes)
* Living Well Reflection (30 minutes)
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| 812/11-12/13 | Module 14Celebrating Success | Successful Student Reflection Directions | * Successful Student Reflection Video Directions
 | * Successful Student Reflection (Final) (1-2 hours)
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